

2026 Newhaven Summer Challenge...

You have six weeks off for the summer holiday – the perfect opportunity to try the Newhaven summer challenge (you could aim to complete one challenge for every day of the holiday)! For each activity you complete, you get a point - points mean prizes in September!



Complete 1 – 5 tasks: Packet of sweets/chocolate bar of your choice

Complete 6 – 10 tasks: Greggs sausage roll or donut of your choice

Complete 11 – 15 tasks: £5 gift voucher

Complete 16 – 20 tasks: £10 gift voucher

Complete 21 – 25 tasks: £15 gift voucher

Complete 26 – 30 tasks: £20 gift voucher

Complete 31 – 35 tasks: £25 gift voucher

Complete 36 – 40 tasks: £25 gift voucher and McDonalds breakfast/lunch



Activity	What did you think about it?	Mark out of 10 (0 is terrible, 10 is amazing!)	Date completed
Have a movie night in with someone - eat popcorn or a snack of your choice			
Sit somewhere you find relaxing (a park/garden/local library/café/your living room etc...) and read a book or comic (<i>books are available to borrow from the school library</i>)			
Go for a walk with a friend or family member			
Go to a park Follow this link for a list of parks in Greenwich: All parks Royal Borough of Greenwich (royalgreenwich.gov.uk)			
Go to a café or restaurant (for details of free and £1 meal offers for children and young people over the holidays following this link: Places Kids Eat Free (or for £1) Summer Holidays 2026)			



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Make yourself/someone else a hot or cold drink			
Try eating something new			
Speak to a friend or family member that you don't talk to often on the phone or send them an unexpected text message to say hi			
Ask a family member who their favourite musician was when they were your age; listen to some of their music together - how does it make you feel?			
Look through old photos with a member of your family or someone you love			
Grow a vegetable plant from seed Use the seeds from vegetables you have at home - tomatoes cucumbers and peppers work well How to Grow Vegetables from Seeds Without Buying Seeds (wikihow.life)			



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Mix some of your favourite drinks to make your own (non-alcoholic) cocktail – give it a fun name!			
Challenge someone to a photo competition – who can take the best photo (try different angles, close up, far away, filters etc...)			
Create a dance routine to your favourite song - you could do this alone or with family/friends. Will you perform it to others or film it?			
Bake a cake (and eat some!)			
Watch the news or read a newspaper article			
Paint or draw a picture			
Watch a documentary			



Listen to a podcast			
Borrow a book from your local library and read it. Whilst you're visiting, all Greenwich based children and young people can pick up a free nutritious packed lunch between <u>Monday 27 July to Friday 28 August</u> - please refer to the link or see below for which library is offering food on which day: Free meals for kids during school holidays Holiday Meals for Kids Royal Borough of Greenwich (royalgreenwich.gov.uk)			
Make your own ice cream – no need for an ice cream machine: https://www.youtube.com/watch?v=p-SikBqk2PM			
Play a game of cards or a board game with someone – The Movie Shack in Bexleyheath Broadway has a range of games - from Pokémon to Lorcan, Magic: The Gathering to Star Wars and One Piece - log on to book your free time slot: Weekly Play – The Movie Shack			



Feed the Middle Park donkeys – they love carrots, apples and ginger nut biscuits!			
Go Geocaching Geocaching is a type of treasure hunt using GPS technology. The 'treasures' are found using coordinates published online by other forum members who have hidden boxes or containers (caches) there. Log onto: www.geocaching.com/play to find out more!			
Research something you're interested in and want to learn more about			
Visit a free art gallery – the Tate Modern, the Tate Britain, the National Portrait Gallery and more The Best Free Art Galleries In London — London Living Blog			
Visit a free museum in London – the British Museum, Natural History Museum, Science Museum, V&A Museum of Childhood, Horniman Museum, National Maritime Museum, Imperial War Museum, RAF Museum and many more			



Follow this link to find more details: Free museums in London (visitlondon.com)			
Drop into Roots for life - a community action project based in New Eltham (245 Footscray Road, London, SE9 2EL) that teaches cooking skills, horticulture, exercise, Mindfulness, music, nutrition and more: Roots4Life			
Learn more about fine art at the Art Hub Studios free exhibition and open studios. Speak to local professional artists about creating sculpture, painting, printmaking, ceramics and mix-media pieces: Studio Events, London — Art Hub Studios			
Explore the Young Poets Network - The Poetry Society's online platform for poets up to the age of 25. You'll find features about poets and poetry, challenges and competitions to inspire your own writing, new writing from young poets, and advice and guidance from the rising and established stars of the poetry scene. Young Poets Network - The Poetry Society			
Meet some new people: -Young Greenwich social and activity groups for people aged 8 to 19 (up to 25 for SEND)			



[Calendar - Young Greenwich Youth Services](#)

-AIM (Autistic Inclusive Meets) runs social, boxing and football groups in Woolwich

([Autistic Inclusive Meets UK](#) | [Autistic Led Non-Profit](#))

Learn a new skill - it could be a yoyo trick, juggling, knitting, chess or coding - try something new!

Attend fabulous and free events at the Royal Greenwich Festivals - "We're funding 22 unique Royal Greenwich Festivals events and commissioning new Community Arts and Black History 365 (BH365) projects through our Create grants - over the summer and beyond and it's all free for residents and visitors to enjoy.

[Enjoy a summer of culture with over 40 free events and activities in Royal Greenwich](#) | [Royal Borough of Greenwich](#)



Create a play list - you might want to make more than one to reflect a range of feelings and moods			
Do a crossword, word search or Sudoku Free Online Crossword Puzzles (boatloadpuzzles.com) Word Search Puzzles (thewordsearch.com) Play Free Sudoku online - solve web sudoku puzzles			
Visit Covent Garden and watch some street performers – you often see human statues, magicians, musicians and comedians			
Cook a meal or help someone to cook a simple meal, then eat it together Get inspired by recipes for meals you can make for under £5: Recipes for under £5 - Co-op			
Have a water fight on a hot summer's day - make sure you only wet those who want to take part and remove anything that becomes water damaged			
Write a letter or postcard to someone you haven't seen in a while, walk to the post box and post it – don't forget to add the stamp!			



Make your own sensory box or 'self-soothe box' (visit: www.youngminds.org.uk/young-person/blog/how-to-make-a-self-soothe-box/)			
Go for a bike ride – If you're a bit wobbly on two wheels, Cycle Confident training gives you the chance to build your confidence and skills. It is free for anyone aged 7+ who lives, works or studies in Greenwich and they can loan you a bike to use. (www.cycleconfident.com/sponsors/greenwich/)			
Sign up for a free Judo trial: Metro Judo Club			
Walk under the Thames! Walk between Greenwich from the Cutty Sark to the Island Gardens on the Isle of Dogs through the Greenwich foot tunnel - It takes around 5-10 minutes to walk the width of the Thames.			
Visit an outdoor gym (visit: www.royalgreenwich.gov.uk/directory/14/parks_gardens_and_open_spaces/category/31)			



Take part in an anime tournament - Pokemon, One Piece or Yu-gi-oh at Tokyo Toys in Sidcup (6 Marechal Niel Parade, Main Road, DA14 6QF): TCG - InSotre Events – TokyoToys			
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Free activities during the summer

Free activities are available during the summer for young people aged 4 and 16 who are eligible for free school meals: www.royalgreenwich.gov.uk/holidayfoodandfun

Free meals for kids during school holidays

Regular meals are available for all children and young people within the borough during school holidays. We serve food at multiple locations across the borough with no age limit for children (refer to below table 'free meals for kids during school holidays'). Nutritious meals are readily available free of charge to ensure families continue to have access to support outside of school term time.

Summer holidays 2026: **Monday 27 July to Friday 28 August** - just turn up and tuck in! Take a look at the table below for when and where.



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[Free meals for kids during school holidays | Holiday Meals for Kids | Royal Borough of Greenwich
\(royalgreenwich.gov.uk\)](https://royalgreenwich.gov.uk)



Free meals for kids during school holidays 	Woolwich Library at 12 noon	Thamesmere Library at 12 noon	Eltham Centre at 12 noon	Greenwich Centre at 12 noon	Charlton Family Centre at 12 noon	Plumstead Adventure Play at 2pm	Glyndon Adventure Play at 2pm	Coldharbour Adventure Play at 2pm	Woolwich Adventure Play at 2pm	Meridian Adventure Play at 2pm	Plumstead Centre at 12 noon
Monday 27 July	X	X	X	X	X	X	X	X			
Tuesday 28th July	X	X							X	X	
Wednesday 29th July	X	X	X				X	X			X
Thursday 30th July	X			X		X	X			X	
Friday 31st July	X	X		X		X					X
Monday 3rd August	X	X	X	X	X	X	X	X			
Tuesday 4th August	X	X							X	X	
Wednesday 5th August	X	X	X				X	X			X
Thursday 6th August	X			X		X	X			X	
Friday 7th August	X	X		X		X					X
Monday 10th August	X	X	X	X	X	X	X	X			
Tuesday 11th August	X	X							X	X	
Wednesday 12th August	X	X	X				X	X			X
Thursday 13th August	X			X		X	X			X	
Friday 14th August	X	X		X		X					X
Monday 17th August	X	X	X	X	X	X	X	X			
Tuesday 18th August	X	X							X	X	
Wednesday 19th August	X	X	X				X	X			X
Thursday 20th August	X			X		X	X			X	
Friday 21st August	X	X		X		X					X
Monday 24th August	X	X	X	X	X	X	X	X			
Tuesday 25th August	X	X							X	X	
Wednesday 26th August	X	X	X				X	X			X
Thursday 27th August	X			X		X	X			X	
Friday 28th August	X	X		X		X					X