

SCAN THE QR CODE FOR FURTHER
INFORMATION AND HELPFUL
GUIDANCE ON VAPING
FROM THE NHS



DO YOU REALLY KNOW WHAT IS IN YOUR VAPE?



LOCAL HEALTHCARE PROVIDERS AND THE POLICE ADVISE THAT SOME VAPE LIQUIDS BOUGHT FROM DISREPUTABLE SOURCES ONLINE AND IN SOME SHOPS CONTAIN SPICE, THE 'ZOMBIE DRUG', WHICH HAS SWEEPED PRISONS AND THE HOMELESS COMMUNITY. DO YOU REALLY KNOW YOUR VAPE LIQUID IS SAFE?

IT IS ILLEGAL TO SELL NICOTINE
VAPING PRODUCTS TO
ANYONE UNDER 18 OR
FOR ADULTS TO BUY THEM
ON BEHALF OF
UNDER-18S.



IT'S ONLY WATERMELON FLAVOURED AIR!

NICOTINE VAPING PRODUCTS ARE REGULATED TO SAFEGUARD USERS, WITH RULES ON MAXIMUM NICOTINE LEVELS AND RESTRICTIONS ON SPECIFIC INGREDIENTS. HOWEVER, SOME DISPOSABLE VAPES BEING SOLD ARE ILLEGAL AND DO NOT ADHERE TO THE QUALITY AND SAFETY STANDARDS SET IN THE UK. WHILE THEY MAY RESEMBLE AUTHENTIC PRODUCTS, IT'S IMPOSSIBLE TO DETERMINE THEIR ACTUAL CONTENTS.

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SCAN THE QR CODE FOR FURTHER INFORMATION AND GUIDANCE ON VAPING FROM CHILDLINE

WHAT ARE THE SIDE EFFECTS OF VAPING?



NAUSEA & VOMITING

DIZZINESS & HEADACHES

RACING HEART & INCREASED BLOOD PRESSURE

DRY MOUTH, THROAT & COUGHING

STOMACH CRAMPS