

# Parent Support Groups

*"The Parent Partnership sessions aim to build that relationship and support parents in their daily lives. The group provides a space to discuss the challenges you face, any strategies that might help you support your child and encourage a sense of belonging within the school community."*

## **When are the Parent-Partnership sessions?**

**Every Wednesday at 9:10-10:00 at King's Park.** If you come to KP reception and sign in, I'll come and collect parents at 9:10 and take you to the dinner hall where there will be hot drinks and biscuits waiting for us!

## **Do I have to attend every week?**

These are drop in sessions so you can attend whenever you have time. What we know from previous experience is that the more sessions that parents/carers attend, the more supported they feel, so we would encourage you to come regularly.

## **Who will be there?**

The sessions are facilitated mainly by me (see below), but sometimes I might invite other professionals to join us. There will be parents of pupils from all different year groups.



## **What if I feel nervous about being part of a group?**

It is a very relaxed and informal group. You don't have to speak if you don't want to; you can listen and see how it all works. It's understandable to feel nervous about attending a new group so I would encourage you to get in touch with me [rvara@newhaven.greenwich.sch.uk](mailto:rvara@newhaven.greenwich.sch.uk) to talk things through.

## **What do I do if I really want support but don't want to be in a group?**

I would be willing to offer you support through a telephone call if you email me first on [rvara@newhaven.greenwich.sch.uk](mailto:rvara@newhaven.greenwich.sch.uk) . Alternatively you can leave a message for me at KP reception on or 020 8465 6290.

**\*\*\*\*\*ALL PARENTS/CARERS ARE WELCOME\*\*\*\*\***