

WELCOME TO OUR PLACE



Be the best for your children with free emotional health and wellbeing courses for parents.

Sign up for free online courses and become an even better mum, dad, parent, or grandparent.

Free access for Greenwich residents from bump to 19-years-old (or 25 with Special Education Needs).

Access Code: **RBGFAMILY**

Go to inourplace.co.uk

Apply the 'access code' for FREE access!
Fill in some details to create an account
To return to the course(s) go to
inourplace.co.uk and sign in!



SolihullApproach

For technical support contact solihull.approach@uhb.nhs.uk or **0121 296 4448** Mon to Fri 9am to 5pm

Part of the Greenwich
Family Hubs Network

DO YOU LIVE IN GREENWICH?



Free parenting courses for anyone who cares for a child or young person. Examples include:

1. Understanding your pregnancy, labour and birth
2. Understanding your baby
3. Understanding your child*
4. Understanding your child with additional needs
5. Understanding your teenager's brain (short course)



* professionally translated into: Bulgarian, Modern Standard Arabic, Polish, Simplified Chinese, Somali, Urdu, Welsh. For other languages use Google Translate. inourplace.co.uk/translations

And more! For further details visit inourplace.co.uk

To register you will need to use the password **RBGFAMILY** and enter a Greenwich postcode.

These courses are based on the internationally recognised Solihull Approach, developed by psychologists, psychotherapists, health visitors & NHS and education professionals and are free for all parent carers living in Greenwich.



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inourplace.co.uk | solihullapproachparenting.com

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